



Colfe's School Lunch Menu



Week Commencing 7th April, 5th May, 9th June



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Homemade Vegetarian Soup of the Day with Wholemeal Bread				
The Main Event	Loads Lasagne Tasty Minced Beef Lasagne	Tex-Mex Mild minced Lamb Chilli Con Carne	Trads Herby Roasted Chicken Leg	Pizza Pizza Home made Pepperoni Topped Pizza	Fish 'n' Chips Baked Breaded Pollock fillet
Meat Free Zone	Baked Lentil & Aubergine Moussaka	Mexican Style Vegetable & Spicy Bean Tortilla	Diced Tofu ,Vegetable & Bean shoot Stir-fry	Mixed Mushroom & fresh Herb Risotto	Savoury Rice ,Herb & Quorn Filled Pimento
And To Go With	Coleslaw Fresh Courgettes Chive New Potatoes	Savoury Rice Fresh Carrot wheels Steamed corn niblets Nachos & Chilli dip	Roast Potatoes Stuffing Fresh Steamed Vegetable Medley	Crispy Salad Leaves Home Made Garlic Bread Potato & Red onion Salad	Chips Peas & Sweet corn Fresh Baked Tomato
Mama Mia	Chicken & Asparagus Sauce or Broccoli & Stilton	Tomato & Tuna Salsa Sauce or Spinach & Ricotta	Spicy Sausage & Red onion Sauce or Cheese Leek & chive	Minced Cajun Chicken Sauce or Spanish Bean & Quorn	Ham Mushroom Goulash or Mixed Lentil & Fresh Herb Sauce
Sporting Jackets	Filled with Baked Beans, Grated Cheese or Tuna Mayo	Filled with Baked Beans, Grated Cheese or Coleslaw	Filled with Baked Beans, Grated Cheese or Prawn Mayo	Filled with Baked Beans, Grated Cheese or Tuna Salsa	Filled with Baked Beans, Grated Cheese or Coleslaw
Scrummy Puds	Steamed Golden Syrup Cake or Cherry Flapjack	Baked Apple Pie or Strawberry Mousse	Rhubarb Crumble or Chocolate Brownie	Spotted Dick or Raspberry Jelly	Home made Chocolate Sponge or Vanilla Ice Cream

Available Daily: 100% Fresh Salad Bar, Fresh Fruit and Homemade Unsweetened Yoghurt



Colfe's School Lunch Menu



Week Commencing 14th April, 12th May, 16th June



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 2	Homemade Vegetarian Soup of the Day with Wholemeal Bread				
The Main Event	Spice Is Nice Tasty Tender Diced Chicken Curry	Mc Brookwood Home Made Beef Burger with relish	Gam-On! Baked Honey Roast Gammon	Perfect Pies Minced Lamb & Vegetable Puff	Catch Of The Day Fresh Roasted Herb Salmon
Meat Free Zone	Lentil & Fresh vegetable Dhal	Spicy Tomato & mixed Bean Burger	Roasted Vegetable & Goats Cheese Puff	Roasted Vegetable & Mozzarella Crostini	Quorn Herb & vegetable Stuffed Mushroom
And To Go With	Savoury Wholemeal Rice Mixed Sambles Puppodums	Spicy Wedges Fried sliced onions Peas & Corn Mix	Golden Roast Potatoes Fresh Vegetable Medley	Sliced Onion & Potato Fresh Cauliflower Fresh Carrots	Fresh Chive New Potatoes Fresh Broccoli Fresh Red Cabbage
Mama Mia	Ricotta Filled Tortellini with Tomato & Pepperoni or Mushroom & Fresh Herb Sauce	Diced Chilli Chicken Filled Jacket or Penne Pasta with Tomato & Basil Sauce	Minced Lamb & Chic Pea Chilli or Macaroni Cheese With Garlic Bread	Beef Bolognese Sauce with long Pasta or Chunky Ratatouille	Ham & Mushroom Stroganoff or Tomato, red onion & Butter Bean Sauce
Sporting Jackets	Filled with Baked Beans, Grated Cheese or Tuna Mayo	Filled with Baked Beans, Grated Cheese or Coleslaw	Filled with Baked Beans, Grated Cheese or Prawn Mayo	Filled with Baked Beans, Grated Cheese or Tuna Salsa	Filled with Baked Beans, Grated Cheese or Coleslaw
Scrummy Pods	Fresh Steamed Jam Sponge or Sultana Cake	Creamy Rice Pudding or Fresh Lemon Cheese Cake	Baked Eves Pudding or Fresh Carrot Cake	Pineapple Upside Down Cake or Strawberry Jam Roll	Chocolate Sponge With Chocolate Sauce or Fresh Fruit

Available Daily: 100% Fresh Salad Bar and Fresh Fruit and Homemade Unsweetened Yoghurt



Colfe's School Lunch Menu



Week Commencing 21st April, 19th May, 23rd June



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 3	Homemade Vegetarian Soup of the Day with Wholemeal Bread				
The Main Event	Bellisimo Traditional Minced Lamb Bolognese	Going Prawn Crackers Chinese Chicken Chow Mein	The Sunday Roast Tender Roast Topside of Beef	Sizzling Sausages Oven Baked Cumberland Sausage	It's a Fishy Day Baked Battered Haddock Fillet
Meat Free Zone	Roasted Vegetable & fresh Herb Quiche	Crispy Vegetable & Tofu Spring Roll with sweet chilli Dip	Butter Bean Chick Pea & Courgette Casserole	Baked Quorn Sausage	Quorn, Potato & Fresh vegetable Plait
And To Go With	Spaghetti Fresh minted new potatoes Fresh Courgettes	Soy Noodles Fresh Stir-Fry Vegetables Prawn Crackers	Roast Potatoes Fresh Vegetable Medley Yorkshire	Mustard Mashed Potato Onion Gravy Fresh Broccoli & Cauli Mix	Chips Baked Beans Peas & Corn Mix
Mama Mia	Chicken a' la king or Mediterranean vegetable sauce	Tuna & Spring Salsa Sauce or Cheese Leek & Chive Sauce	Mild Lamb Chilli or Tangy Mexican Bean & Quorn Sauce	Tender Pork Goulash or Chunky Vegetable & Tomato Salsa Sauce	Diced Chicken, Fresh Herb & Corn Sauce or Vegetable Chilli
Sporting Jackets	Filled with Baked Beans, Grated Cheese or Tuna Mayo	Filled with Baked Beans, Grated Cheese or Coleslaw	Filled with Baked Beans, Grated Cheese or Prawn Mayo	Filled with Baked Beans, Grated Cheese or Tuna Salsa	Filled with Baked Beans, Grated Cheese or Coleslaw
Scrummy Pods	Lemon topped sponge or Caramel Slice	Cherry Pie or Creamy Chocolate mousse	Apple Cinnamon & Sultana Crumble or Orange Jelly	Vanilla Bread & Butter Pudding or Chocolate Brownie	Chocolate Sponge with Chocolate Custard or Ice Cream

Available Daily: 100% Fresh Salad Bar and Fresh Fruit and Homemade Unsweetened Yoghurt



Colfe's School Lunch Menu



Week Commencing 28th April, 2nd June, 30th June



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 4	Homemade Vegetarian Soup of the Day with Wholemeal Bread				
The Main Event	Tikka-Tastic Diced Lamb Tikka Masala	It's a Rooster Fresh Turkey Escalope in a bap	Hog Roast Roast Loin of Pork	It's a Wrap Shredded Beef & Crunchy Vegetable Wrap	Codzilla Baked Cajun Cod Fillet
Meat Free Zone	Chunky Vegetable & Potato Curry	Spicy Tomato & mixed Bean Burger	Mushroom & Fresh Herb Stroganoff	Cous Cous & Herb Stuffed Tomato	Roasted Vegetable Frittata
And To Go With	Seasoned Vegetable Rice Naan Bread Puppodum	Spicy Potato Wedges Crisp Iceburg Salad Fresh Sliced Beef tomato	Roast Potatoes Rice Fresh Vegetable Medley	Savoury Rice Selection of Dips Crispy Mixed Salad	Chips Fresh Baked Tomato Peas & Corn Mix
Mama Mia	Cheese Filled Pasta Pillows with Either Spicy Chicken or Tomato & Fresh Herb Sauce	Mild Beef & Bean Chilli or Rich Mushroom Carbonara	Chicken & Tomato Sauce or Lentil & Vegetable Pasta Bake	Spicy Spanish Sausage & Red Onion Sauce or Quorn Bolognese	Chopped Bacon Mushroom & Fresh Herb Sauce or Arrabiatta Sauce
Sporting Jackets	Filled with Baked Beans, Grated Cheese or Tuna Mayo	Filled with Baked Beans, Grated Cheese or Coleslaw	Filled with Baked Beans, Grated Cheese or Prawn Mayo	Filled with Baked Beans, Grated Cheese or Tuna Salsa	Filled with Baked Beans, Grated Cheese or Coleslaw
Scrummy Puds	Sticky Toffee Pudding or Nutless Bakewell Tart	Baked Stuffed Apple Or Mixed Berry Pavlova	Strawberry Marble Sponge or Carrot Cake	Apple & Sultana Plait or Chocolate Swiss Roll	Chocolate Sponge or Fresh fruit Selection

Available Daily: 100% Fresh Salad Bar and Fresh Fruit and Homemade Unsweetened Yoghurt