




Colfe's School Lunch Menu




	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Homemade Vegetarian Soup of the Day with Wholemeal Bread				
The Main Event	Indian Takeaway! Tender Diced Lamb & Vegetable Balti	Taste of the States! Home Made Beef Burger in a Bun with Salad	Legs Go! Roast Chicken Leg Sprinkled with Chopped Fresh Herbs	Macaroni Madness! Macaroni Cheese with Fresh Chopped Chives	Codzilla! Baked Battercrisp Cod With Tartar Sauce & a Lemon Wedge
Meat Free Zone	Chunky New Potato & Fresh Vegetable Curry	Veggie Burger in a Bun with Salad	Tomato, Onion, Mozzarella & Fresh Basil Tart	Mixed Bean, Lentil & Herb Stuffed Sweet Pepper	Diced Mediterranean Vegetable Puff Topped with Goats Cheese
And To Go With	Seasoned Turmeric Rice Plain Poppadom Naan Bread Fingers	Chef's Mixed Salad Bar Golden Potato Wedges Relish & Dips	Golden Roast Potatoes Fresh Vegetable Medley	Garlic Bread Slice Rocket & Sun Dried Tomato Salad Crisp Mixed Leaves	Crunchy Chips Peas & Sweetcorn Baked Beans
Mama Mia	Pasta of the Day with Tomato & Courgette Sauce or Chicken a la King	Pasta of the Day with Tuna & Spring Onion Salsa or Red Lentil & Quorn Sauce	Ham & Mushroom Pasta Bake or Mediterranean Vegetable Pasta Bake	Pasta of the Day with Chunky Beef Chilli or Chicken & Asparagus Sauce	Pasta of the Day with Minced Cajun Chicken Sauce or Tomato & Basil Sauce
Sporting Jackets	Filled with any Sauce Baked Beans or Tuna Mayonnaise	Filled with any Sauce Baked Beans or Tuna Mayonnaise	Filled with any Sauce Baked Beans or Tuna Mayonnaise	Filled with any Sauce Baked Beans or Tuna Mayonnaise	Filled with any Sauce Baked Beans or Tuna Mayonnaise
Scrummy Puds	Nutless Bakewell Tart with Custard	Ice Cream Selection	Pineapple Upsidedown Cake with Custard	Apple & Sultana Flapjack	Chocolate Sponge with Custard

Available Daily: 100% Fresh Salad Bar, Fresh Fruit, Dried Fruit Pots & Natural Yoghurt with a Selection of Fruit Toppings



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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 2	Homemade Vegetarian Soup of the Day with Wholemeal Bread				
The Main Event	Perfect Pies! Chunky Diced Beef & Mushroom Pie Topped with Puff Pastry	Taste of Mexico! Cajun Spiced Chicken Leg with Spicy Salsa Sauce	Hog Roast! Sliced Roast Gammon with a Pineapple Ring	Spaghetti Factory! Minced Lamb & Chopped Tomato Bolognese	Fridays Fish Shop! Tasty Breaded Scampi Tails
Meat Free Zone	Beef Tomato with Cheesy Breadcrumbs & Herb Stuffing	Cheese, Chilli, Onion & Coriander Quesadilla's	Home Made Mediterranean Fresh Vegetable Frittata	Chunky Quorn, Tomato & Fresh Herb Bolognese	Creamy Mushroom & Fresh Mixed Herb Risotto
And To Go With	Parsley New Potatoes Chunky Root Vegetable Medley	Seasoned Jacket Wedges Mexican Vegetable Medley Selection of Dips	Roast New Potatoes Fresh Vegetable Medley	Spaghetti Home Made Sun Dried Tomato Bread Selection of Fresh Salads	Crunchy Chips Peas & Sweetcorn Fresh Baked Tomato
Mama Mia	Pasta of the Day with Chicken, Sweetcorn & Chive Sauce or Quorn & Bean Sauce	Pasta of the Day with Mexican Vegetable Salsa or Spicy Beef & Tomato Chilli	Four Cheese Filled Pasta with Tomato & Mascarpone Sauce or Chicken Bolognese	JUST JACKETS!	Pasta of the Day with Chunky Ratatouille or Lamb & Kidney Bean Chilli
Sporting Jackets	Filled with any Sauce Baked Beans or Tuna Mayonnaise	Filled with any Sauce Baked Beans or Tuna Mayonnaise	Filled with any Sauce Baked Beans or Tuna Mayonnaise	Ham & Mushroom Sauce or Puy Lentil & Chunky Tomato Sauce	Filled with any Sauce Baked Beans or Tuna Mayonnaise
Scrummy Puds	Cherry Topped Vanilla Sponge with Custard	Orange Jelly	Creamy Rice Pudding with Mixed Fruit Jam	Strawberry Mousse	Hot Carrot Cake with Custard

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 3	Homemade Vegetarian Soup of the Day with Wholemeal Bread				
The Main Event	Tikka-Tastic! Diced Chicken & Tomato Tikka Masala	Pizza! Pizza! Pepperoni Topped Pizza or Cheese & Tomato Pizza	Sunday Roast! Tender Roast Topside of Beef with Horseradish Sauce	Loads of Lasagne! Tasty Minced Lamb Lasagne	Gone Fishin'! Baked Battercrisp Haddock with Tartar Sauce & a Lemon Wedge
Meat Free Zone	Tasty Butterbean, Chickpea & Lentil Dhal	Mozzarella, Tomato & Aubergine Stack on a Bread Base	Home Made Red Onion, Olive & Feta Cheese Tart	Wholemeal Pitta Bread filled with Falafel with a Mint Yoghurt Dip	Spicy Bean & Avocado Enchilada's
And To Go With	Steamed Vegetable Rice Plain Poppadom Naan Bread Fingers	Chef's Mixed Salad Bar Potato Salad Coleslaw Crisp Mixed Leaves	Yorkshire Pudding Golden Roast Potatoes Fresh Vegetable Medley	Garlic Bread Slice Rocket & Sundried Tomato Salad Crisp Mixed Leaves	Crunchy Chips Peas & Sweetcorn Baked Beans
Mama Mia	Pasta of the Day with Field Mushroom & Herb Sauce or Tomato & Bacon Sauce	Pasta of the Day with Chunky Chicken, Tomato & Basil Sauce or Cheese & Leek Sauce	Tuna Pasta Bake or Cheesy Chunky Mushroom & Herb Pasta Bake	Pasta of the Day with Ham & Mushroom Stroganoff or Arrabiatta Sauce	Pasta of the Day with Chunky Vegetable Chilli or Tomato & Pepperoni Sauce
Sporting Jackets	Filled with any Sauce Baked Beans or Tuna Mayonnaise	Filled with any Sauce Baked Beans or Tuna Mayonnaise	Filled with any Sauce Baked Beans or Tuna Mayonnaise	Filled with any Sauce Baked Beans or Tuna Mayonnaise	Filled with any Sauce Baked Beans or Tuna Mayonnaise
Scrummy Puds	Apple, Apricot & Sultana Crumble with Custard	Ice Cream Selection	Home Made Cherry Pie & Custard	Tangy Lemon Cheesecake	Chocolate Sponge with Custard

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 THE Brookwood PARTNERSHIP LIMITED	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 4	Homemade Vegetarian Soup of the Day with Wholemeal Bread				
The Main Event	Sizzling Sausages! Baked Pork Sausage With Onion Gravy	Taste of the Orient! Diced Teryaki Chicken Chow Mien with Beanshoots & Pak Choy	It's a Roastie! Roast Leg of Lamb with Mint Sauce	The Italian Job! Traditional Italian Minced Beef Bolognese	Catch of the Day! Tasty Breaded Scampi Tails
Meat Free Zone	Chunky Root Vegetable & Cheddar Cheese Pie	Vegetable Spring Rolls with Chilli Dip	Cheese, Tomato & Onion Frittata with Corn & Coriander Relish	Spinach & Ricotta Filled Cannelloni Tubes	Aubergine, Tomato & Red Lentil Moussaka
And To Go With	Creamy Mashed Potato Red Cabbage with Currants Baton Carrots	Soy Noodles Prawn Crackers Fresh Stir Fry Vegetables	Roast New Potatoes Fresh Vegetable Medley	Spaghetti Home Made Garlic & Olive Bread Selection of Salads	Crunchy Chips Peas & Sweetcorn Baked Tomato
Mama Mia	Pasta of the Day with Chunky Ratatouille or Creamy Curried Chicken with Sultanas	Pasta of the Day with Chopped Spicy Pork Sausage & Tomato Sauce or Cheese & Chive Sauce	Four Cheese Filled Pasta with Tomato, Chive & Chickpea Sauce or Tender Pork Goulash	JUST JACKETS!	Pasta of the Day with Tomato & Sweet Pepper Sauce or Beef & Bean Chilli
Sporting Jackets	Filled with any Sauce Baked Beans or Tuna Mayonnaise	Filled with any Sauce Baked Beans or Tuna Mayonnaise	Filled with any Sauce Baked Beans or Tuna Mayonnaise	Filled with Chicken & Mushroom Sauce or Chunky Vegetable Salsa	Filled with any Sauce Baked Beans or Tuna Mayonnaise

Scrummy Puds

Sticky Toffee Pudding
with Custard

Strawberry Jelly

Creamy Rice Pudding
with Raspberry Jam

Rich Chocolate Mousse

Vanilla Sponge with
Chocolate Custard

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